



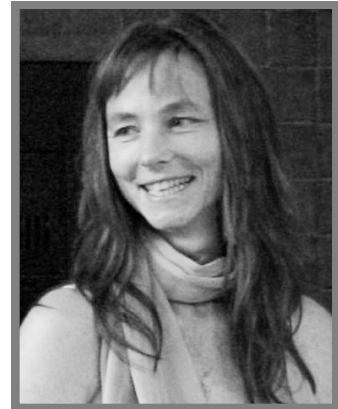
About The Extension Center

The Extension Center is a residential property owned and supported by the non-profit Foundation for the Awakening Mind. Community members have devoted their lives to a shared purpose of awakening. The focus is on forgiveness, as taught in "A Course In Miracles", Self responsibility (taking full responsibility for one's own state of mind), listening and following the Guidance of the Spirit, and full and open communication. We use collaborative and prayerful projects as a backdrop for healing the mind and experiencing the freedom and joy of the present moment.

Satsang with Armelle

A mystic at heart, Armelle's constant dedication for Truth has led her to see beyond the veil of illusion and be happy, for no reason. Satsang is a meeting in Truth where all your heartfelt questions are welcome and used as a way to bring you back to Who You really are.

Venue:	Extension Center	Friday	26th April
Time:	7-9pm	Dates	10th May
Donation:	\$20 (Suggested)	2013	24th May



Inner Dance with Armelle

Inner Dance is a deep, soft, meditative dance. It is an invitation to open yourself up to the Moment and what It offers. To let go of any sense of control and just Be. It is a gentle practice, that allows you to come in touch with the fact that you are not the doer of the movement, and experience that the dancer and the dance are one and not separate.

Transferring the practice of Inner Dance to your daily activities, whatever they are, you enter in a deeper way the experience that Life, Spirit is living you, you are not the one living Life! A 180 degree turn which leads you to the unconditional acceptance of What Is.

Venue:	Extension Center	TUESDAY
Time:	7-8.45pm	23rd April
Donation:	\$15 (Suggested)	2013

